



Allergen Matrix

Bovey Tracey Spring 2025



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
Banana Split							✓							✓
Iced Bun			✓		✓ <i>Wheat</i>		✓							?
J - Apple & Cinnamon Cake			✓		✓ <i>Wheat</i>									?
J - Banana Muffin			✓		✓ <i>Wheat</i>									?
J - BBQ Chicken Pizza, Wedges & Salad Sticks					✓ <i>Wheat</i>		✓							?
J - Beef Bolognese, Spaghetti, & Sweetcorn					✓ <i>Wheat</i>				?				✓	?
J - Breaded Fish, Chips & Beans				✓					✓					
J - Broccoli & Cauliflower Cheese Bake, Peas & Sweetcorn							✓							
J - Brunch													✓	



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
J - Butternut Squash & Cauliflower Curry, Vegetable Rice & Naan					✓ Wheat				✓				✓	
J - Carrot & Courgette Chocolate Brownie					✓ Wheat									?
J - Cheese & Potato Pasty, Chips & Beans					✓ Wheat		✓						✓	
J - Chicken Biryani & Peas					?				✓				✓	
J - Chicken Bites, New Potatoes & Peas					✓ Wheat									
J - Chipolata Sausages, Mash, Sweetcorn, Peas & Gravy													✓	
J - Chocolate Cookie					✓ Oats, Wheat (Barley*, Rye*)									?
J - Chocolate Krispie Cake					✓ Barley		✓							?
J - Custard Cookie			?		✓ Wheat		✓							?
J - Fish Fingers, Chips & Beans				✓	✓ Wheat									



Celery



Crustaceans



Eggs



Fish



Gluten



Lupin



Milk



Molluscs



Mustard



Nuts



Peanuts



Sesame



SO2



Soya

J - Flapjack					✓ <i>Oats (Barley*, Rye*, Wheat*)</i>									
J - Fruit Platter														
J - Fruit Yoghurt							✓							
J - Homity Pie & Sweetcorn					✓ <i>Wheat</i>		✓		✓				✓	
J - Jacket Potato, Beans & Salad														
J - Jacket Potato, Cheese & Salad							✓							
J - Jacket Potato, Cheese, Beans & Salad							✓							
J - Jacket Potato, Tuna Mayo & Salad			✓	✓					✓					
J - Jam & Coconut Sponge			✓		✓ <i>Wheat</i>								✓	?
J - Jelly & Fruit														
J - Lemon Drizzle Cake			✓		✓ <i>Wheat</i>								✓	?



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
J - Macaroni Cheese, Bacon, Focaccia & Peas					✓ Wheat		✓		✓				✓	✓
J - Margherita Pizza, Wedges & Rootslaw			✓		✓ Wheat		✓		✓				✓	?
J - Meatballs & Tomato Sauce, Pasta & Peas					✓ Wheat				✓				✓	?
J - Oaty Cookie					✓ Oats, Wheat (Barley*, Rye*)									?
J - Pulled Roast Beef, Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables And Gravy			✓		✓ Wheat		✓						✓	
J - Quorn Sausage, Roast Potatoes, Gravy, Carrots & Cabbage					✓ Wheat								✓	
J - Red Pepper Frittata, Focaccia Bread & Peas			✓		✓ Wheat		✓							?
J - Roast Chicken, Potatoes, Carrots, Cabbage And Gravy													✓	
J - Roast Pork, Roast Potatoes, Gravy, Carrots & Cabbage													✓	
J - Tomato & Vegetable Pasta Bake, Focaccia & Carrots					✓ Wheat		✓		✓				✓	?



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
J - Vegetable & Bean Pie Topped With Mash & Seasonal Vegetables													✔	
J - Vegetable Nuggets, Chips & Beans					✔ Wheat									
J - Vegetable Pie, Roast Potatoes, Carrots, Cauliflower And Gravy					✔ Wheat								✔	
J - Vegetable Sausage Roll, Wedges & Salad Sticks					✔ Wheat									
J - Vegetarian Bolognaise, Penne Pasta & Sweetcorn					✔ Wheat				✔				✔	✔
J - Vegetarian Sausage, Roast New Potatoes & Peas - copy					✔ Wheat									
Rainbow Noodles & Salad Sticks					✔ Wheat								✔	
Sweet Chilli Salmon Noodles, Salad Sticks				✔	✔ Wheat								✔	✔